

POST TEST COUNSELING (POSITIVE RESULT) SUPERVISOR PRACTICAL ASSESSMENT

Post-Test Counseling HIV Positive	Comments or Examples	Score
1. Assess Client Readiness		
• Ask whether client is ready to receive results	/1
• Ask whether client understands results	/1
2. Give Test Results		
• Give results in a calm and quiet setting	/1
• Assess understanding of results	/1
• Allow for questions	/1
• Assess client's emotional state	/1
3. Counsel Client on Positive Living		
• Assess client needs: economic, psychosocial and medical	/1
• Provide information and referrals on healthy living and nutrition	/1
• Provide information and referrals on opportunistic infections and treatment options	/1
• Create a positive living plan with client	/1
4. Create or Alter Risk Reduction Plan		
• Revisit/review pre-test risk reduction plan	/1
• Alter if requested by the client	/1
• Offer condom demonstration/education	/1
• Encourage partner notification	/1
• Offer partner negotiation skills building	/1
• Discuss family planning	/1
5. Close Counseling Session		
• Summarize plans for positive living and risk reduction	/1
• Provide specific referral information	/1
• Provide additional counseling if requested	/1
• Close session	/1
Pre Test Positive score	/19