



**MEDICAL MALE
CIRCUMCISION**

MMC



In the times of King Shaka
MMC was done for cultural
purposes and it stopped
because men were taking long
to heal and they couldn't fight
the battles.



Due to the high prevalence
of HIV in KZN, king
Goodwill Zwelithini Zulu
decided to revive this
culture in a modern way by
giving it to department of
health thus MEDICAL
MALE CIRCUMCISION

Umkhosi Woselwa is held annually to acknowledge
males who have been circumcised and graduated
into manhood.

WHY MEN GET CIRCUMCISED

Religion



Culture



Medical



HOW IS HIV TRANSMITTED?



Unprotected sex



Direct contact with HIV positive blood



During pregnancy, childbirth, and breastfeeding



Sharing needles



Sharing razors



ALCOHOL

Alcohol lowers our inhibitions. It makes us behave in ways where we do not think of the consequences

When you are drunk you are less likely to use condoms and more likely to get HIV

SEXUALLY TRANSMITTED INFECTIONS (STI)



GHONORREA/CHLAMYDIA

Burning/pain when urinating and/ or a discharge drop

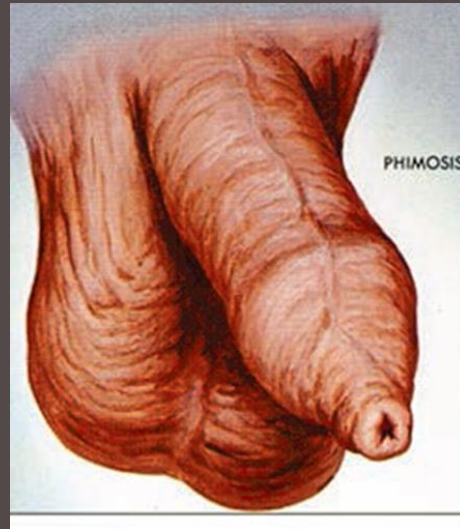
SYPHILIS AND HERPES

Sores/ blisters/ rushes

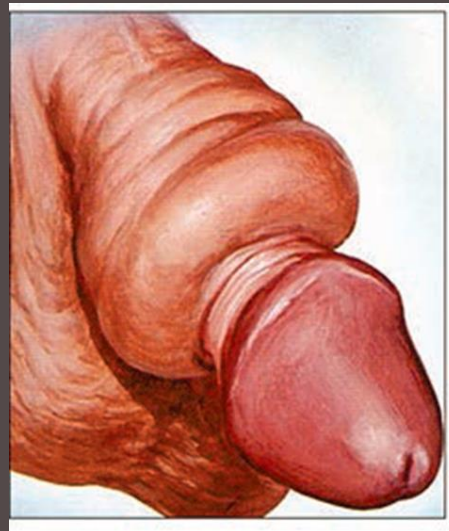


GENITAL WARTS/ PENILE CANCER

MOST COMMON ABNORMALITIES



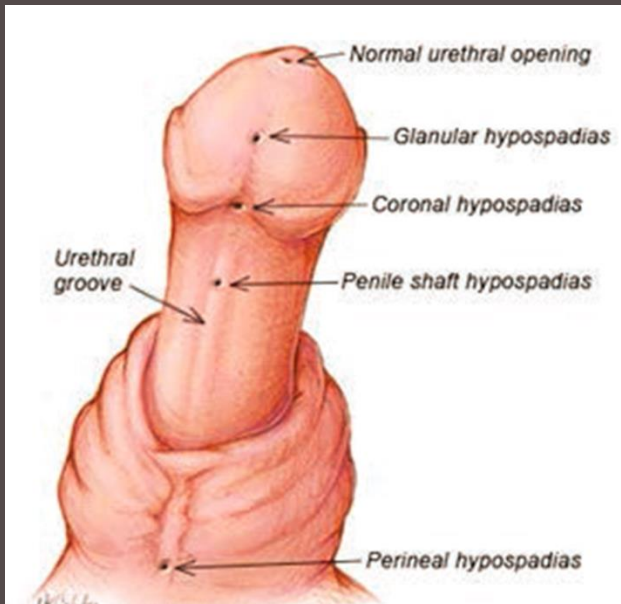
PHIMOSIS



PHARAPHIMOSIS



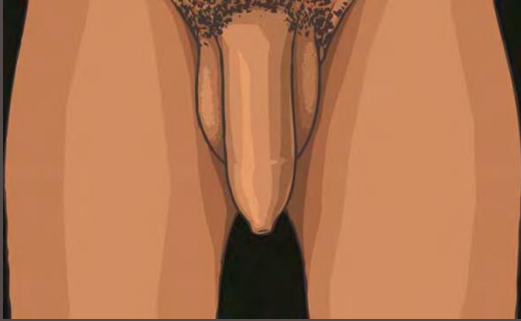
BALANTIS



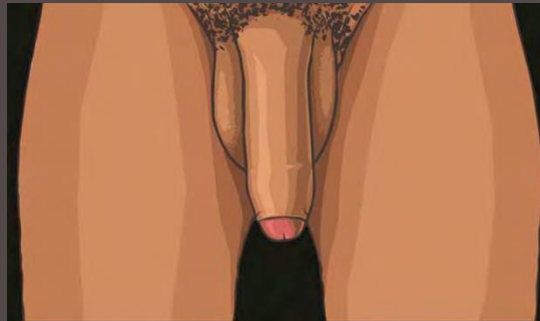
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BENEFITS OF MMC

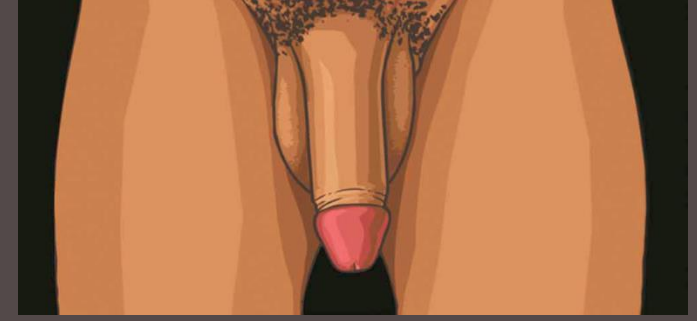
Uncircumcised



Partially Circumcised



Circumcised



NO HEALTH BENEFITS

More difficult to keep clean
The skin inside the foreskin is soft and prone to small cuts during sex that allows an entry point for HIV
Higher risk of STIs and other infections
Higher chance to get the Human Papilloma Virus which transmitted to a partner will increase the risk of cervical cancer

FULL HEALTH BENEFITS

Reduces the risk of HIV infection
Lowers the risk of STIs and other infections
Reduces your partner's risk of cervical cancer
Improves hygiene

WHAT HAPPENS at the Health Centre?



A full health screening for blood pressure, cholesterol, diabetes and TB

HIV counseling and testing
If you test positive you will be referred for a CD4 cell count test.

STI screening

The operation will last for about 20 minutes

You will be medically circumcised by a trained professional health care worker

You will be given an injection to reduce and manage the pain during and after the operation

You will be given pain killers to manage the pain after you leave the clinic

TAKE CARE OF YOUR WOUND

Wash the wound 2-3 times a day



Clean your wound 2-3 times a day using lukewarm water in a clean container.

Dip a face cloth into the water, wipe the area of the wound and then rinse. Repeat until you have cleaned the whole wound.

Wear briefs, NOT boxers



Keep your penis in an upright position for the first few days

Briefs will help to keep your penis in the correct position

Do not wear boxer shorts as your penis will hang loose and may rub against the fabric irritating the wound

Show up for follow up appointments



On the day of the circumcision you will be given an appointment for a follow-up visit. This will allow a health professional to check whether your wound is healing and to remove your bandages. DO NOT attempt to remove your bandages if not advised to do so by a health professional!



MAXIMUM PROTECTION= KNOW YOUR STATUS + MMC + CONDOM

