







## DR TB 5 day Patient Support Training - FACILITATOR'S GUIDE

### Day 1: DR TB Patient Support Training

#### Purpose of the day:

- To introduce the DR TB Counseling guide
- To give overview of DR TB globally
- To provide basic DR TB Clinic management knowledge
- To address myths and misconceptions around DR TB
- To introduce the concept of the DR TB Clinic Team
- To outline roles and responsibilities of each DR TB Clinic Team Member
- To outline a plan for implementation of the DR TB Counseling programme that is specific to their facility


TIME	MIN	ACTIVITY	AIM
08h30 - 09h30	60	Check in  Welcome and introductions	<ul style="list-style-type: none"> <li>○ Settle in and feel welcome</li> <li>○ Provide name tags</li> <li>○ Assess participant's ideas and expectations for the course</li> <li>○ Go through the week's training program</li> </ul>
09h30 - 10h30	60	DR TB Epidemiology   DR TB Epidemiology	<ul style="list-style-type: none"> <li>○ Provide global and region view of DR TB</li> <li>○ Use presentation DR TB - Epidemiology - 45mins for presentation - 15mins for questions (allow questions during the presentation)</li> </ul>
10h30 - 11h00	30	Tea Break	
11h00 - 11h30	30	Myths and Misconceptions   DR TB Myths and Misconceptions	<ul style="list-style-type: none"> <li>○ To address and clarify commonly held misconceptions concerning DR TB</li> <li>○ Fun interactive session to keep class engaged</li> <li>○ Use presentation 'DR TB Myths and Misconceptions' - allow the class to give answers and discuss their opinions before presenting the correct answer in each slide.</li> </ul>
11h30 - 12h30	60	DR TB – Basic Clinical   DR TB Basic Clinical	<ul style="list-style-type: none"> <li>○ To provide an overview of DR TB diagnosis, treatment initiation, clinical management and prognosis</li> <li>○ To give an example of a typical DR TB patient treatment journey</li> </ul>

12h30 - 13h00	30	<b>Lunch Break</b>	
13h00 - 13h45	45	DR TB Counseling Programme  DR TB Counseling Model Overview	<ul style="list-style-type: none"> <li>○ Briefly describe rationale behind DR TB Counseling Model</li> <li>○ Allay and normalize fears of unfamiliarity to adherence counseling</li> <li>○ Obtain buy-in for a structured, easy to follow session plan approach to adherence support)</li> <li>○ Use presentation 'DR TB Counseling Model Overview'</li> </ul>
13h45 - 14h45	60	Roles and responsibilities  DR TB Training - Roles and Responsibilities	<ul style="list-style-type: none"> <li>○ To detail the current roles and responsibilities of each Clinic Team Member (before introducing the new DR TB counseling programme)</li> <li>○ To initiate thinking around what task shifting needs to occur in order to run the new DR TB counseling programme</li> <li>○ To establish who will lead the DR TB Counseling programme team at each facility</li> <li>○ Use facilitation guideline in 'DR TB Training - Roles and Responsibilities'</li> </ul>
14h45 - 15h55	75	Implementation  DR TB Training Implementation	<ul style="list-style-type: none"> <li>○ To discuss and design practical steps to implementation of this programme</li> <li>○ By the end of this session, each Clinic Team will have created a plan for implementation tailored to their specific clinic/setting</li> <li>○ Use facilitation guideline in 'DR TB Training - Implementation'</li> </ul>

## Day 2: DR TB Patient Support Training

### Purpose of today:


- To workshop ideas and beliefs around DR TB patients
- To introduce and role play the DR TB Adherence Sessions 1 and 2
- To allow counsellors an opportunity to become familiar with the messages conveyed in DR TB Counseling Sessions 1 and 2

TIME	MIN	ACTIVITY	AIM
08h00 - 10h00	120	Values clarification  Values Clarification	<ul style="list-style-type: none"> <li>○ To workshop ideas and beliefs around DR TB patients</li> <li>○ To develop empathic views towards DR TB patients and their patient journey</li> <li>○ Use presentation 'Values Clarification'</li> </ul>
10h00 - 10h30	30	<b>Tea Break</b>	
10h30 - 11h30	60	Session 1 Presentation  DR TB Training - Role Play Sessions	<ul style="list-style-type: none"> <li>○ Introduce the participants to the DR TB Counseling Session 1 worksheet in their Training Pack</li> <li>○ Talk through each step of Session 1</li> <li>○ By the end of this activity the participants will be familiar with the structure and contents of the steps in Session 1</li> <li>○ Use facilitator guide 'DR TB Training - Role Play Sessions'</li> </ul>
11h30 - 12h30	60	Session 1 Role Play	<ul style="list-style-type: none"> <li>○ To allow counselors the opportunity to practice completing Session 1 for the 1<sup>st</sup> time in a safe environment</li> <li>○ Use facilitator guide 'DR TB Training - Role Play Sessions'</li> </ul>
12h30 - 13h00	30	<b>Lunch Break</b>	
13h00 - 13h30	60	Session 1 Feedback	<ul style="list-style-type: none"> <li>○ To facilitate constructive feedback session</li> <li>○ Use facilitator guide 'DR TB Training - Role Play Sessions'</li> </ul>
13h30 - 14h30	60	Session 2 Presentation	<ul style="list-style-type: none"> <li>○ As above with Session 1</li> </ul>
14h30 - 16h00	90	Session 2 Role Play Feedback and Discussion	<ul style="list-style-type: none"> <li>○ As above with Session1</li> </ul>

## Day 3: DR TB Patient Support Training

### Purpose of today:




- To role play the DR TB Adherence Sessions 3 and 4
- To allow counselors an opportunity to become familiar with the messages conveyed in DR TB Counseling Sessions 3 and 4



TIME	MIN	ACTIVITY	AIM
08h00 - 09h00	60	Review of session 1&2	<ul style="list-style-type: none"> <li>○ To reinforce knowledge acquired in Day 1 and 2</li> <li>○ To clarify any points of confusion or misunderstanding</li> </ul>
09h00 - 10h00	60	Session 3 Presentation  DR TB Training - Role Play Sessions	<ul style="list-style-type: none"> <li>○ Same on Day 2 with Session 1 and 2</li> <li>○ Use facilitator guide 'DR TB Training - Role Play Sessions'</li> </ul>
10h00 - 10h30	30	<b>Tea Break</b>	
10h30 - 12h30	90	Session 3 Role play and Feedback	<ul style="list-style-type: none"> <li>○ Same on Day 2 with Session 1 and 2</li> <li>○ Use facilitator guide 'DR TB Training - Role Play Sessions'</li> </ul>
12h30 - 13h00	30	<b>Lunch Break</b>	
13h00 - 13h30	30	Session 4 Presentation	<ul style="list-style-type: none"> <li>○ Same as with Session 3</li> </ul>
13h30 - 15h00	60	Session 4 Role Play and Feedback	<ul style="list-style-type: none"> <li>○ Same as with Session 3</li> </ul>
15h00 - 16h00	60	Course Feedback session	<ul style="list-style-type: none"> <li>○ Closing Session - Final Questions/Points of Discussion</li> <li>○ Review of ideas and expectations detailed at start of course</li> <li>○ Students complete feedback forms</li> </ul>

## Day 4: DR TB Patient Support Training (Treatment Interruption & XDR TB)

### Purpose of today:

- To workshop ideas and beliefs around patients that interrupt their treatment and/or miss appointments
- To introduce and role play the XDR TB and DR TB Treatment Interruption Adherence Sessions
- To allow counsellors an opportunity to become familiar with the messages conveyed in DR TB Treatment Interruption and XDR TB Counseling Sessions





TIME	MIN	ACTIVITY	AIM
08h00 - 08h30	30	Introduction and Welcome	<ul style="list-style-type: none"> <li>○ Settle in and feel welcome</li> <li>○ Provide name tags</li> <li>○ Assess participant's ideas and expectations for the course</li> <li>○ Go through the week's training program</li> </ul>
08h30 - 09h30	60	Role play FM/Counselor  Facility Manager Nurse Role Play Ex	<ul style="list-style-type: none"> <li>○ To facilitate a discussion on staff attitudes and approach towards treatment interrupters/poorly adherent patients</li> <li>○ To highlight current staff behaviours/attitudes/approach which need to change</li> <li>○ To promote an empathic approach when consulting patients who repeatedly treatment interrupt/present past their appointment dates</li> <li>○ Use facilitator guide 'Facility Manager - Nurse Role Play Exercise'</li> </ul>
09h30 - 10h30		Treatment Interruption Presentation  Treatment Interruption	<ul style="list-style-type: none"> <li>○ To provide rationale for the treatment interruption counseling session</li> <li>○ To build empathy for patients that have interrupted treatment</li> <li>○ To discuss treatment and adherence support options specific to the setting</li> </ul>
10h30 - 11h00	30	<b>Tea Break</b>	
11h00 - 12h00	60	Treatment Interruption Session - Presentation  DR TB Training - Role Play Sessions	<ul style="list-style-type: none"> <li>○ Introduce the participants to the DR TB Treatment Interruption Counseling Session worksheet in their Training Pack</li> <li>○ Talk through each step of the Treatment Interruption Session</li> <li>○ By the end of this activity the participants will be familiar with the structure and contents of the Treatment Interruption Session</li> <li>○ Use facilitator guide 'DR TB Training - Role Play Sessions'</li> </ul>
12h00 - 13h00	60	Treatment Interruption Session - Role Play	<ul style="list-style-type: none"> <li>○ To allow counselors the opportunity to practice completing the Treatment Interruption Session for the 1st time in a safe environment</li> </ul>



		 DR TB Training - Role Play Sessions	<ul style="list-style-type: none"> <li>○ Use facilitator guide 'DR TB Training - Role Play Sessions'</li> </ul>
13h00 - 13h30	30	<b>Lunch Break</b>	
13h30 - 14h30	60	XDR TB Session Presentation  XDR TB	<ul style="list-style-type: none"> <li>○ To refresh knowledge on TB and DR TB basics</li> <li>○ To provide knowledge on diagnosis, treatment options and prognosis for XDR TB</li> <li>○ To provide rationale for XDR TB Counseling Session</li> <li>○ To build empathy for XDR TB patients</li> <li>○ To discuss appropriate HCW approach to XDR TB patients</li> </ul>
14h30 - 16h00	60	XDR TB Session Role Play, Feedback and Discussion	<ul style="list-style-type: none"> <li>○ As above - Use facilitator guide 'DR TB Training - Role Play Sessions'</li> </ul>

## Day 5: DR TB Patient Support Training (Palliative Care)

### Purpose of today:

- To workshop ideas and beliefs around death and dying
- To introduce and role play the DR TB Palliative Care Counseling Sessions  
To allow counsellors an opportunity to become familiar with the messages conveyed in DR TB Palliative Care Counseling Session

TIME	MIN	ACTIVITY	AIM
08h00 - 09h00	60	Introduction and Welcome  Ice Breaker   Palliative Care Day Intro	<ul style="list-style-type: none"> <li>○ Settle in and feel welcome</li> <li>○ Provide name tags</li> <li>○ Assess participant's ideas and expectations for the course</li> <li>○ Go through the day's training program</li> <li>○ Allow participants to get to know one another and feel more comfortable in the group</li> </ul> <i>Review 'Palliative Care Day Intro' document before start</i>
09h00 - 10h30	90	Dealing with Death and dying   Death and Dying Exercise	<ul style="list-style-type: none"> <li>○ To enhance a counsellors understanding, attitude and emotions towards death and dying</li> <li>○ Use 'Death and Dying Exercise' – instructions in attached document</li> </ul>
10h30 - 11h00	30	<b>Tea Break</b>	<ul style="list-style-type: none"> <li>○ <i>Allow participants who have expressed emotions of sadness, unresolved grief to chat further to you if they require additional support</i></li> <li>○ <i>Have resources available where participants could find further support if that is required...( Local Palliative care organization, local religious leaders that provide grief support programs)</i></li> </ul>
11h00 - 12h00	60	How to support patient in whom DR-TB treatment has failed   DR TB Palliative Care	<ul style="list-style-type: none"> <li>○ Provide a global view of DR-TB outcomes</li> <li>○ To promote discussion around the care that should be provided to DR-TB patients in whom treatment is failing</li> <li>○ Allow the participants to actively participate in a case discussion</li> <li>○ Present some challenges relating to working with patients in whom DR-TB treatment has failed</li> <li>○ Use 'DR TB Palliative Care' presentation</li> </ul>
12h00 - 13h00	60	Applying Palliative Care to DR-TB counseling   Palliative Care Counseling	<ul style="list-style-type: none"> <li>○ Provide a description of what palliative care is.</li> <li>○ Identify the different stages of grief as per Dr. Kubler's model</li> <li>○ Introducing the counsellors to the Palliative Care counselling</li> <li>○ Use 'Palliative Care Counselling' presentation</li> </ul>

13h00 - 13h30	30	<b>Lunch Break</b>	
13h30 - 14h30	60	Palliative Care Session Presentation   Palliative Care Counseling Role Play	<ul style="list-style-type: none"> <li>○ To allow the counsellors the opportunity to familiarize themselves with the counseling session.</li> <li>○ Use 'Palliative Care Counseling Role Play' document.</li> </ul>
14h30 - 16h00	90	Palliative Care Session Role Play, Feedback and Discussion   Palliative Care Counseling Role Play	<ul style="list-style-type: none"> <li>○ To allow counsellors the opportunity to practice completing the Palliative Care Session for the 1st time in a safe environment.</li> <li>○ Use 'Palliative Care Counseling Role Play' document.</li> </ul>